

The Official Stuffie ID Cards

Paperwork for your emotional-support plush – name, species, official role, special skills, and the formal permission slip you never knew you needed.

Why Paperwork

This is not a toy. It is regulation hardware. The stuffie on your bed – the one you've had since you were small, or the one you bought quietly and let yourself love – has a job. It just doesn't have the paperwork. This kit fixes that. Print it, fill it out, cut it out, and let the stuffie stand on the side of an official role.

Job Ideas

Fit a title that actually helps. A stuffie with a job is a stuffie you're allowed to keep at work, in meetings, in the waiting room, in the car, on the bed, in your hands. Here's a menu to steal from – or invent your own.

The Role Ideas List

- **Crying Insurance Officer** – regulates tears, one squeeze at a time
- **Sensory Comfort Deployment** – deployed to dark rooms and loud hallways
- **Silent Witness to E-Mails** – hears the draft, never tells the boss
- **Grounding Anchor** – for when the world is too much, too loud, too fast
- **Naptime Quality Assurance** – verifies the pillow is doing its job
- **Waiting-Room Bridge** – gets you through appointments, one breath at a time
- **Desk Assistant** – sits exactly there, does nothing, is perfect

Example ID Cards

Three sample cards to show how the paperwork reads. Copy them, or use them as-is with your own stuffie's name.

Official Stuffie ID – Bunny

NAME: Miso

SPECIES: Long-eared comfort bunny

OFFICIAL ROLE: Crying Insurance Officer

SPECIAL SKILLS: Extra soft when wet with (cathartic) tears; fits in one hand

FORMALLY ALLOWED TO: Attend stressful calls; be squeezed during the grocery run

DATE ISSUED: Today

Official Stuffie ID – Dino

NAME: Dr. Rex

SPECIES: Round-bellied dragon-dinosaur

OFFICIAL ROLE: Grounding Anchor

SPECIAL SKILLS: Holds a specific texture memory; lands in the lap on command

FORMALLY ALLOWED TO: Be carried into waiting rooms; participate in 90-second sensory fasts

DATE ISSUED: Today

Official Stuffie ID – Whale

NAME: Mr. Whale

SPECIES: Cuddly knit whale

OFFICIAL ROLE: Sleep Routine Manager

SPECIAL SKILLS: Quiets the 3am brain loop by being present; allows zero expectations

FORMALLY ALLOWED TO: Sleep beside you every night; be explained to no one

DATE ISSUED: Today

Your stuffie is not a toy. It's regulation hardware.

Blank ID Cards

Fill these in by hand. Generous lines – no fine-motor precision required. The cut line is a suggestion, not a test.

Official Stuffie ID

NAME

SPECIES

OFFICIAL ROLE

SPECIAL SKILLS

FORMALLY ALLOWED TO

DATE ISSUED

Official Stuffie ID

NAME

SPECIES

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The last line is a signature. A bean-paw print works too.

When Someone Asks

The stuffie does a job. It's my regulation hardware. I don't have to explain it further than that.

The Fine Print

Somewhere along the way you learned that liking the soft thing was something to hide. This is the formal document that puts that lesson on notice. You do not have to explain the stuffie to anyone. You do not have to grow out of it. It is not a regression, it is a regulation. You are allowed to be small, and to hold something soft while you are. From The Unadulging Society · sfwagere.com